



ADDults with ADHD (NSW) Inc.

A registered Charity supporting Adults and Families with ADHD

ADHD Centre NSW,
Macquarie Hospital
North Ryde, NSW
All Mail: PO Box 22, Epping, NSW 1710
Website: www.add.org.au

Tel: 02 9889 5977
Mobile: 0416 111 036
Fax: 02 9889 5988
ABN 87 819 863 019
Email: info@add.org.au

ADHD AWARENESS AFTERNOON Saturday 19th March, 2011

“ADULT ADHD AND ANGER”

- SPEAKER:** Dr. Caroline Stevenson,
Clinical Psychologist specializing in ADHD
- TOPIC:** “Adult ADHD – Anger and Rage”
Do you only feel organized and focused when being angry at other people? Can you become an ‘anger addict’? How can we effect positive change in ourselves, and in those we love....
- WHERE:** “The Muse”, Ultimo TAFE, Harris St., Broadway
Building C, on right when entering main gate in Harris Street
- TIME:** 2.00pm – 4.30pm. Gold coin donation at door.
Tea/coffee & chat afterwards
- TRAVEL:** *Catch train to Central, from country platforms - cross Broadway and walk down Harris Street past ABC Studios, to TAFE on left.
* No parking available on campus.
* Parking 4hrs free at Shopping Mall, Bay Street.
* Parking stations: nearby Chinatown, or Darling Harbour.

WE LOOK FORWARD TO SEEING YOU THERE

*Books and literature available on the day
All welcome..... no need to book ahead*