



ADDults with ADHD (NSW) Inc

A registered charity supporting adults and families with ADHD

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ADULT ADHD AWARENESS AFTERNOON

**A brief election of office bearers will be held prior to the speaker*

SPEAKER: Mark Brandtman, Educational Consultant, ADHD Coach & Mentor.

TOPIC: “Adult ADHD - from diagnosis to acceptance” - for most adults the diagnosis itself brings great relief and hope for the future, but for others it is seen negatively, bringing denial and often anger. Mark will explain why being able to advocate for yourself is crucial in the acceptance and successful management of life with ADHD.

WHEN: Saturday, 4th December 2010

WHERE: “The Muse”, Ultimo TAFE, Harris St., Broadway.
(Building ‘C’ on right when entering main gate in Harris St.)

TIME: 2.00pm – 4.30pm.
Gold coin donation at door.

TRAVEL: *Catch train to Central, from country platforms cross Broadway and walk down Harris Street past the ABC Studios, down to TAFE on the left.
* No parking available on campus.
* Parking 4hrs free at Shopping Mall, Bay Street.
* Parking stations: Thomas Street, or nearby Chinatown, or Darling Harbour.

TEA/COFFEE AND CHAT AFTERWARDS

WE LOOK FORWARD TO SEEING YOU THERE
All welcome..... no need to book ahead.

Publications will be on sale, and handout information will be freely available.

Sydney Institute

Ultimo College

Mary Ann St Ultimo

