



ADHD - Pathways to Resilience

ADULT ADHD ANNUAL CONFERENCE

Saturday 18th September, 2010

Sydney Institute TAFE, Harris St., Ultimo, Sydney

Registration 8.30, **START 9.00am**, Finish 4.30 pm

SPEAKERS

Dr MARK KNEEBONE, Psychiatrist

Topic: "Attention Deficit Hyperactivity Disorder and Mood Disorders"

- *Commonalities and Controversies.*

TOM CRVENKOVIC, The Coaching Psychologist

Topic: "Workplace Issues for Adults with ADHD"

- *ADDults learn to cope with their employment issues in different ways - some withdraw, some procrastinate and others overcompensate. Whilst there is a common theme, there are approaches to dealing with these issues.*

Dr ROBERT HAMPSHIRE, Psychiatrist

Topic: "ADHD – Attention Deficit Hyperactivity Hyperorder"

- *Focusing on the bountiful assets and strengths of adults with ADHD*

Dr JULIE PETERSON, Clinical Psychologist - from Embracing the Other Half

Topic: "ADHD and Relationships"

- *Negotiating the challenges and creating success.*

RENEE MOORE, Psychologist

Topic: "Clutter and Disorganisation"

- *Adults with ADHD who are prone to chronic disorganisation, may recognize the problem of clutter impeding their lifestyle, but may feel helpless to do anything about it.*

Dr CAROLINE STEVENSON, Clinical Psychologist

Topic: "Adults with ADHD - why Should I have to Fit In"

**Note: We cannot accept cash at the door
because of TAFE's "no cash on premises" policy**

PLEASE BOOK EARLY! www.add.org.au/Conferences/Conferences_mainpage.htm

Cost: \$50.00 – BYO lunch or TAFE Cafeteria

***Donations welcome**

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Supporting Adults and Families with ADHD

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