



ADDults with ADHD (NSW) Inc

“ADHD Across the Lifespan”

A comprehensive approach to assessment & treatment, including implications of the new NHMRC Guidelines.

Following the release of the new National Practice Guidelines for ADHD in Australia by the federal government in December 2009, ADDults with ADHD are bringing together leading authorities in ADHD to update professionals working in both research and clinical practice.

Why is this conference important?

Even though ADHD has been thoroughly researched for over 100 years, there are many myths and stereotypes purported by the community, media and professionals alike. The NHMRC and RACP established a working party of experts and the National Practice Guidelines for ADHD have now been ratified by the federal government. Based on research and best practice, this conference aims to educate front-line clinicians to bridge the gap between research and clinical practice.

ADHD Chronically Undetected.

ADHD is a life-long condition that often presents in adulthood with co-occurring disorders such as mood disorders, substance-use disorders, anxiety disorders, personality disorders, relationship difficulties and trauma. The prevalence of adults presenting with ADHD and co-occurring disorders to front-line clinicians is significant. Unfortunately the underlying ADHD often remains undiagnosed and left untreated with significant negative implications on treatment outcome for the co-occurring disorder. The National Practice Guidelines recommend specific clinical practices for assessment of ADHD in clients presenting with a range of problems including drug and alcohol, forensics, mental health and private practice.

Who is this conference for?

The ADHD National Practice Guidelines have significant clinical practice implications for psychiatrists, psychologists, GPs and front-line clinicians working with children and/or adults in the following areas:

- Drug and Alcohol
- Mental Health
- Forensics
- Personality Disorders
- Relationship Counselling
- Private Practice

What topics are covered?

General Stream:

Dr Caroline Stevenson – Clinical Psychologist

- Implications of the new NHMRC Guidelines for clinical practice with children, adolescents and adults with ADHD.

Dr Paul Hutchins AM – Paediatrician & Paediatric Consultant to CHERI

- Transition to adult care – Guiding the way.

Pia Salmelainen – Pharmaceutical Services, NSW Dept. of Health.

- Trends in stimulant prescribing for children and adults

Child Stream:

Dr Patrick Concannon, Consultant Paediatrician.

- ADHD Diagnosis and Management – Tried and New

Prof. Loretta Giorcelli, OAM, Special Education Consultant.

- Educational Strategies for the child and adolescent with ADHD

Ian Luscombe, Principal, Redbank School.

- Keeping them focused. Managing children and adolescents with ADHD in the classroom.

Adult Stream:

Reverend Miao You, Nan Tien Temple, Wollongong.

- The benefits of Mindfulness and Tai Chi in the treatment of adults with ADHD.

A/Prof. Julian Troller, Neuropsychiatrist.

- Diagnosing ADHD in Adults: Discerning the Wood From the Trees.

Dr Mark Kneebone, Psychiatrist.

- Co-existing Conditions and Medication Issues for Adults with ADHD ...What the New NHMRC Guidelines have to say.

About ADDults with ADHD.

ADDults with ADHD is a not-for-profit registered charity with a committee and advisory board of expert psychiatrists, psychologists, GPs and education specialists. An evidence based organisation we pride ourselves on disseminating best practice for professional development for clinicians working in related fields. ADDults are committed to providing support and psycho-education to the community by way of a helpline, quarterly seminars & newsletter, library and yearly conference. ADDults is also an authoritative source for ADHD policy and was represented on the working party for the development of the NHMRC National Practice Guidelines.

When: Friday, 12th March 2010

Where: Macquarie University Conference Centre, North Ryde, NSW

Cost: \$300

Further Information & Registration:
www.add.org.au



ADDults with ADHD (NSW) Inc

“ADHD Across the Lifespan”

**A comprehensive approach to assessment & treatment,
including implications of the new NHMRC Guidelines.**

A/Prof. Julian Troller (Neuropsychiatrist)

A/Prof. Julian Troller is a Neuropsychiatrist and holds the inaugural Chair of Intellectual Disability Mental Health at the UNSW. He has recently established the Department of Developmental Disability Neuropsychiatry, and is involved in diverse research programs including: aging and cognitive decline in intellectual disability, intellectual disability in the criminal justice system, human rights & healthcare in intellectual disability, and ageing studies in the general population. He has extensive clinical experience working with adults with ADHD, has authored several publications about adult ADHD and has assisted in preparation of the Royal Australasian College of Physicians/National Health and Medical Research Council Draft Australian Guidelines on ADHD.

Dr Caroline Stevenson (Clinical Psychologist)

Dr Caroline Stevenson holds an academic position with Macquarie University, lecturing and supervising post-graduate psychology students and managing the university psychology clinic which specialises in ADHD. Prior to this she was the Research Co-ordinator at NSW Institute of Psychiatry responsible for the development and management of research projects. Caroline has worked extensively with adults and children with ADHD, in research and clinical practice. Since 2003 Caroline has been an Honorary Associate for Macquarie University and worked with Clinical Supervision for Master and Decorate of Clinical Psychology students. She has also been an Honorary Associate with the University of Sydney since 2003 and the University of New South Wales since 2000.

Dr Paul Hutchins AM (Senior Staff Physician)

Dr Paul Hutchins is a Senior Staff Physician, currently Head of the Child Development Unit and Senior Paediatric Consultant to the Children's Hospital Education Research Institute. He studied at Oxford University and after extensive general and specialist training in the UK, he came to Australia to inaugurate an exchange and was appointed Staff Specialist to The Children's Hospital in 1982.

Paul has considerable experience in dealing with developmental, learning and behaviour problems in children. His special interests in clinical practice, teaching and research include communication disorders and behaviour problems, particularly in language disorders, learning and attention deficits, and in the community management of chronic disorders.

Chair of the Stimulant Subcommittee for NSW Dept of Health 1989-2002. Member of the National Health and Medical Research Council Working Party on Attention Deficit Hyperactivity Disorder. 1995-1997.

Prof. Loretta Giorcelli (OAM, Specialist Ed. Consult.)

Prof. Loretta Giorcelli is a Specialist Education Consultant who has worked in education for over 40 years. She holds Masters' degrees in Education and Special Education plus a PhD in Linguistics and Communication Disabilities, Loretta is well sought after for her expertise internationally. She has worked as a teacher, consultant and school principal in Australia and lectured at UNSW. She has consulted for the United Nations, worked as a government advisor in Cyprus in addition to working extensively as a consultant in Hong

Kong, NZ, Sth Africa, Malta, UK and throughout Australia. She also holds honorary titles with Macquarie University, the Childrens Hospital Sydney, University of Western Sydney and the Beijing ENT Institute. After being awarded the Order of Australia Medal in 2007, Loretta was also appointed Fellow of the Australian College of Education in 2009.

Dr Patrick Concannon, Paediatrician

Patrick Concannon is a developmental paediatrician who has worked with ADHD children and adolescents and their families for over 25 years but still doesn't have all the answers. He has been on various committees relating to ADHD and its management including the National Health and Medical Research Council's working party for the new ADHD Practice Guidelines. Patrick is also the current Chair of the NSW Stimulant Committee and is highly respected by his peers as an expert within the field of ADHD.

Ian Luscombe (Principal, Redbank School)

Ian has been in special education for over 20 years and has been principal of Redbank School for the last 7 years. He has years of experience teaching students from K-12 with emotional and behavioural disorders. Ian has spoken extensively across Australia at conferences, schools and universities (Monash, Sydney, ACU, ACPE) on practical behaviour management strategies, including whole school system approaches, for students K-12. He is still sane.

Dr Mark Kneebone (Consulting Psychiatrist)

Dr Kneebone is a Consulting Psychiatrist who is considered an expert in the assessment, diagnosis and treatment of ADHD and co-morbid disorders. He was also a member of the NHMRC working party for the new Practice Guidelines for ADHD.

Pia Salmelainen (Pharmaceutical Services, Dept Health)

Pia Salmelainen is a Policy Analyst (Research Officer) with the Pharmaceutical Services Unit of the NSW Department of Health. She has many years experience analysing and reporting data collected by the Unit, which includes data on the prescribing of stimulants for the management of ADHD and data on the prescribing of opioids for the management of chronic pain, as well as data collected under the NSW Opioid Treatment Program. She has also conducted research and prepared policy-related material in relation to the prescribing of drugs of addiction.

Ms Salmelainen is a psychologist, and prior to her current position at the NSW Department of Health, she worked in the field of criminology, developmental disability, and population statistics.

Reverend Miao You (Nan Tien Temple, Wollongong)

Ven. Miao You is a disciple of the renowned Master Hsing Yun of the Fo Guang Shan Buddhist Order. She is a resident teacher of Nan Tien Temple and teaches Meditation and Buddhist studies in the Chinese Mahayana tradition. She has been sharing and promoting the teachings of Humanistic Buddhism for nearly 10 years. Formerly a teacher, she graduated from Macquarie University and held a degree in early childhood education.